



## Step 1: Research

If you're on this site, you're already one step ahead.

- [Familiarize yourself with cataracts](#) and other eye conditions, like astigmatism.
- Learn about other symptoms you could be experiencing as well, and when you might be ready for surgery.
- Get to know your [lens replacement options](#), once you're comfortable with the condition and your vision needs.
- Discover your [surgery options](#) to help you choose between a manual surgery or a bladeless laser-assisted surgical procedure.

## Step 2: Make an appointment

- Talk to your surgeon to get screened for cataracts, if you've not already been diagnosed.
- Ask for a consultation to discuss lens options before your procedure, once you know you're ready for surgery.
- Be sure to discuss the cost and any payment options offered by your cataract surgeon.

**Remember, you don't have to decide which lens replacement you want on the spot. Take the time to understand your options.**

## Step 3: Schedule your cataract surgery

- Take the time to ensure you plan your surgery for when you can really focus on healing. While this procedure is minimally invasive, you'll need time to recover.
- Decide how many days you want to take off work, or have a friend or family member help you around the home. On average, people take two days off from work for their surgery.

## Step 4: Prepare the night before

- Gather a list of your medications and any documents your doctor asked you to bring on the day of surgery.

