Step 1: Research
If you’re on this site, you’re already one step ahead.

☐ Familiarize yourself with cataracts and other eye conditions, like astigmatism.

☐ Learn about other symptoms you could be experiencing as well, and when you might be ready for surgery.

☐ Get to know your lens replacement options, once you’re comfortable with the condition and your vision needs.

☐ Discover your surgery options to help you choose between a manual surgery or a bladeless laser-assisted surgical procedure.

Step 2: Make an appointment

☐ Talk to your surgeon to get screened for cataracts, if you’ve not already been diagnosed.

☐ Ask for a consultation to discuss lens options before your procedure, once you know you’re ready for surgery.

☐ Be sure to discuss the cost and any payment options offered by your cataract surgeon.

Remember, you don’t have to decide which lens replacement you want on the spot. Take the time to understand your options.

Step 3: Schedule your cataract surgery

☐ Take the time to ensure you plan your surgery for when you can really focus on healing. While this procedure is minimally invasive, you’ll need time to recover.

☐ Decide how many days you want to take off work, or have a friend or family member help you around the home. On average, people take two days off from work for their surgery.

Step 4: Prepare the night before

☐ Gather a list of your medications and any documents your doctor asked you to bring on the day of surgery.